



2017 is the Year of the Bean

CELEBRATE 2017 THE YEAR OF THE BEAN

Anyone can grow garden beans, they are one of the easiest vegetables to grow, and they taste delicious picked fresh from the garden.

Green beans are a healthy food source offering antioxidant properties and plenty of vitamins, fiber and minerals.

Bean plants make attractive garden plants; the pretty flowers need to be pollinated to form pods. Attract pollinators by planting nasturtiums, cosmos, borage and sunflowers near your beans.

You can sow and grow the beans really easily from seed, or buy plants from the garden centre or nursery in spring.